CORONAVIRUS
- OVERVIEW -

DOCTORS OF THE WORLD
Charity 1067406

COVID-19 INFOGRAPHICS

What is coronavirus (COVID-19)?

COVID-19 is a new illness that can affect your lungs and airways

It's caused by a virus called Coronavirus

Symptoms

A high temperature (>38°C)

A new, continuous cough

A loss of, or change in, your sense of taste or smell

What to do if you have symptoms?

YOU MUST FOLLOW THESE STEPS AS SOON AS POSSIBLE:

1. SELF-ISOLATE

Stay at home for at least **10 DAYS**

Anyone else in your household or who had close contact with you must self-isolate for **10 DAYS**

2. GET TESTED within the first 5 days of having symptoms

YOU CAN EITHER:

Get the test delivered to where you live

Or you can go to a test site

GET TESTED FOR CORONAVIRUS

To book a test or to order it online, visit www.nhs.uk/ask-for-a-coronavirus-test

If you do not have online access, call 119

(or 0800 028 2816 in Scotland)

If the test result is:

POSITIVE

o You must complete the remainder of your self-isolation

o The tracing service in your area will contact you asking for your help to stop further spread of the virus

NEGATIVE

o You can stop self-isolating if you are feeling well and do not have symptoms anymore

o Other members of your household or who have close contact with you can also stop self-isolating